

Eggy Crumpets and Sausage



A delicious tasty recipe just for you

Ingredients

4 sausages
(or more depending how hungry you are)
4 crumpets
4 eggs
Pinch dried chilli
Seasoning
Oil for cooking

Method

Start by heating a little oil in a frying pan and cooking the sausages over a moderate heat.

Meanwhile break the eggs into a bowl and beat them before adding the seasoning and chilli.

Place the crumpets in a shallow dish hole side up(!) and pour over the egg mix.

When the sausages are cooked through push them to one side of the pan (or put them into a low oven to keep warm) add the eggy crumpets, hole side up and cook for a few minutes before turning them over to cook the other side.

Serve immediately with the sausage.

Shopping list

Browse our local suppliers to make your shopping list www.selectlincolnshire.com/food